



Recommended Physical Therapists

Physical Therapist/Center	Address	Phone Number	Fax Number
Texas Orthopaedic Associates Physical Therapy	Dallas Location 8081 Walnut Hill Lane, Suite 1000 Dallas, TX 75231	Phone: (214) 239-0993	
	Plano Location 6020 W. Parker Road, Suite 240 Plano, TX 75093	Phone: (972) 378-1438	
3D Physical Therapy (3D PT)	Oak Lawn Location 3500 Oak Lawn Ave #670 Dallas, TX 75219	Phone: (214) 528-3378	Fax: 214-528-3379
	Preston Center Location 8222 Douglas Ave #430 Dallas, TX 75225	Phone: (469) 372-0021	Fax: 469-372-0029
Southwest Sports and Spine	Preston Forest Location 11661 Preston Rd, Suite 173 Dallas, TX 75230	Phone: (214) 265-7200	Fax: (214) 265-7521
	Katy Trail Location – Tim Wrenholt 3535 Travis St, Suite 160	Phone: (214) 346-9105	Fax: (214) 346-9125
Michael Spaeth – Vista White Rock	10233 E. Northwest Highway, Suite 410 Dallas, TX 75238	Phone: (469) 221-9203	Fax: (469) 676-4899
Alex Adler and Nicole Shively - Baylor	1015 North Carroll Ave, Suite 100 Dallas, TX 75204	Phone: (214) 887-6580	
Rachel Hardin – Baylor Tom Landry Center	411 N. Washington Ave., Suite 4000 Dallas, TX 75246	Phone: (214) 820-9586	Fax: (214) 820-1654
Luke Miller – SandersFit Performance and PT	SouthSide on Lamar Building 1409 Botham Jean Dallas, TX. 75215	Phone: (214) 843-7498	
Francie Hansen – Finley-Ewing Fitness Center	Texas Health Finley Ewing Cardiovascular & Fitness Center 5721 Phoenix Drive Dallas, TX 75231	Phone: (214) 345-4367	
Jason Wishin – Baylor Preston Hollow	4347 W. Northwest Highway, Suite 180 Dallas, TX 75220	Phone: (214) 654-0947	
Centre of Physical Rehabilitation – Serge Saithsoothane and Associates	London Square 2301 Coit Road, Suite B Plano, TX 75075	Phone: (972) 599-9191	Fax: (972) 599-2323
Jason Winburne and Associates	Dallas Midtown Location 4101 McEwen Dr, Suite 100 Dallas, TX 75244	Phone: (972) 701-0366	Fax: (972) 701-0372
	Town East Location Town East Tower 18601 LBJ Freeway, Suite 116 Mesquite, TX 75150	Phone: (972) 270-2277	Fax: (972) 270-2977
	Southwest PT Location (By Redbird Mall) 7220 Westmoreland Rd, Suite 100 Dallas, TX 75237	Phone: (972) 572-5299	
Jason Kharman – Corpus Performance	11837 Judd Ct. Suite 120 Dallas, TX 75243	Phone: (214) 210-9633	
Steve White – Dallas Run Clinic	5510 Abrams Rd, Suite 117C Dallas, TX 75214	Phone: (918)-497-6033	Fax: (972)-525-5254
Jeff Jones – In Home Concierge PT	Location – In Home in Dallas area Website: http://www.r3ptdallas.com	Phone: (214) 810-4591	Fax: (972) 739-9117
Dana Helstowski – Uptown/Lemmon/HP	Synergy Physical Therapy and Pilates 4300 MacArthur Ave, Suite 170 Dallas, TX 75209	Phone: (214) 579-9781	Fax: (214) 579-9673
Courtney Allen – Preston Center	Refine PT 8215 Westchester Dr, Suite 241 Dallas, TX 75225	Phone: (214) 476-3311	Fax: (469) 480-9797
Dale Smith	Southlake Location 1602 Hart St Southlake, TX 76092	Phone: (214) 695-8847	
	Dallas Location: PT2 Dallas 12404 Park Central Dr Dallas, TX 75251	Phone: (214) 695-8847	Fax: (214) 368-0653

Jennifer Westmoreland – Baylor Southlake	3103 E. State Hxw 114, Suite B Southlake, TX 76092	Phone: (817) 251-6351	Fax: (817) 251-6324
Therapy Partners of North Texas	Tony Michels or Cassie Thompson Flower Mound location 4401 Long Prairie Rd., #300 Flower Mound, TX 75028	Phone: (972) 691-1331	Fax: (972) 691-1731
	AC Lao – Coppell Location 413 W. Bethel Rd., #400 Coppell, TX 75019	Phone: (972) 304-9100	Fax: (972) 304-9048
	Ben Selbo – Frisco Location 5000 Eldorado Pkwy, #430 Frisco, TX 75033	Phone: (214) 436-4606	Fax: (214) 436-4794
	Myles Kuiper – Corinth Location 3001 FM 2181, #150 Corinth, TX 76210	Phone: (940) 498-4004	Fax: (940) 498-4008
	Stephen Fort – Denton Location 2445 W Oak St., #200 Denton, TX 76201	Phone: (940) 320-6030	Fax: (940) 320-3113
Brittany DeVoe – Baylor Flower Mound	1901 Long Prairie Road, Suite 130 Flower Mound, TX 75022	Phone: (972) 539-1241	Fax: (972) 539-2853
Jimmy Armentrout – Baylor McKinney	1705 W. University Dr., Suite 119 McKinney, TX 75069	Phone: (972) 569-8860	Fax: (972) 569-9764
Ben Hogan Sports Medicine/PT Frisco	9200 World Cup Way, Suite 201 (In Toyota Stadium) Frisco, TX 75033	Phone: (972) 981-4230	Fax: (214) 872-4672
Heather Rochelle – Allen Sports & Spine	1101 Raintree Circle, Suite 150 Allen, TX 75013	Phone: (214) 509-0029	Fax: (214) 509-0070
Andrews Institute PT Frisco	7211 Preston Rd. Plano, TX 75204	Phone: (469) 303-2508	Fax: (469) 303-4076
Kenton Devine – Athletico PT Downtown	1201 Elm St., Suite 121 Dallas, TX 75270	Phone: (469) 620-5070	Fax: (469) 983-1972
Ted Kern – Las Colinas	Las Colinas Physical Therapy 331 E Las Colinas Blvd Irving, Texas 75039	Phone: (972) 401-0300	Fax: (972) 401-2800
TMI Sports Medicine (Arlington)	3533 Matlock Road Arlington, TX 76015	Phone: (817) 419-0303	Fax: (817) 468-5963
Brad Powell – Athletico PT Rowlett/Rockwall/Garland	4802 Lakeview Pkwy #101 Rowlett, TX 75088	Phone: (469) 863-4203	Fax: (469) 862-9993
Graig Garrison – Ben Hogan Ft. Worth	800 5th Avenue, Suite 150 Fort Worth, TX 76104	Phone: (817) 380-8806	
Landan Webster, DC – The Kinetic Chain	8150 N. Central Expressway Ste Mezzanine 1130 Dallas, TX 75206	Phone: (469) 404-5460	
Logan Sherman, DC	2 Energy Square 4849 Greenville Ave Suite 1180 Dallas, TX 75206	Phone: (469) 802-6055	

(Recommended Physical Therapists in the Extended Metroplex)

Michael Lucido, PT	Baylor	North Dallas	214.369.4123	6c: 214.369.2791
Rich Silliman, PT	Orthopedic Manual Th.	North Dallas	214.346.0677	6c: 214.346.0324
David Ziegler, PT	Inst. Sports / Spine	North Dallas	972.985.2622	6c: 972.985.2630
Mary Galatos, PT	UT Outpatient Rehab	UT Southwestern	214.645.2080	fx: 214.645.2090
Joan Firra, PT	Firra Therapeutics	NE Dallas, Garland	214.348.3516	6c: 214.348.5727
Patti Shwartz, PT	Pittman Creek PT	Plano	972.424.5840	6c: 972.423.9427
Vickie Sanger, PT	Pittman Creek PT	Plano	972.424.5840	fx: 972.423.9427
Dale Pressler, PT	Pressler Clinic	Duncanville	972.709.9191	fx: 972.709.2116
Karen Dubrow, PT	Debrow Physical Therapy	Plano	972.398.0789	fx: 972.398.0803
Kathy Heimerdiner, PT	D & D Sports	Denton	940.380.9111	6c: 940.380.9112
Nancy Cano, PT	N Balance	Rockwall	972.722-1212	6c: 972.722-2995
Robert Knight, PT	Ben Hogan	Ft. Worth	817.250.7500	6c: 817.250.7501
Megan McNeal, PT	Allen Sports and Spine	Allen	214.509-0029	6c: 214.509.0070
James Lewis, PT	Allen Sports and Spine	Allen	214.509-0029	6c: 214.509.0070
Jon Poe, PT	Peak PT, Craig Ranch	McKinney	214.495.0763	fx: 972.569.9076